

Thank you for being a supporter of Upstate NY Autism Alliance.

Together We can Make a Difference!



Join Us

February Update

Happy February! We have many events in the works to keep our families busy, take a look below for a list of happenings, plus be sure to watch our web site for more announcements.

"200" Likes by Feb 1st.

In case you missed it, we have a new [Facebook page](#), and we are no longer updating the old one. We've had a great response so far but we've set a very hopeful goal of 200 "Likes" by Feb. 1st. Please help us make a difference and reach our goal by, Liking, Sharing, and Inviting your friends to our new page.

Call for Volunteers

- **April 6th is our annual Autism Awareness Hockey Game.** We are looking for volunteers, adults and children, looking to help out and be part of the action!
- **April 2014, first annual Autism Gala.** We're in the beginning phases of planning this exciting new event, we're looking for interested individuals that would like to help and join our Gala Committee.
- **May 4th, Walk for a Difference.** Believe it or not, May is just around the corner, we're getting things underway now and are looking for volunteers to be on this years committee.

[Contact us](#) to let us know what event you're interested in helping out with, thank you in advance!



Polar Cap

Join Us February 1st.
The Adirondack Runners
Annual Polar Cap race. 4
miles of frosty fun.
This year 1/2 of the race
proceeds will go to
UNYAA. [Read more.](#)



Yoga

Yoga for the Special
Child? YES! Once again
we will have Ann from the
Yoga Nook for a session
of Yoga taught along with
Wendy Ashe, COTA.
[Register Now](#)



Fun Spot

February 9th, 9-11am for
UNYAA members. Kids
can come enjoy the roller
rink and the indoor
playground. To learn
more, visit our [Website.](#)



Hockey Tickets

Hockey tickets are still
available for the
remaining Phantoms
home games! Please
[contact us](#) for information
and available dates.



Phantoms Game

Annual Hockey Game,
Adirondack Phantoms vs.
Albany Devils! [Click here](#)
to learn more and
register online to reserve
your tickets today.



Walk for a Difference

Save the date Sunday,
May 4th 2014 at 10:30
am. If you're interested in
helping, we're looking for
volunteers, please
[contact us.](#)

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